



*Colexio Eduardo Pondal*

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## MENÚ XUÑO 2017

			<b>XOVES 1</b>  Ensalada de pasta Bonito guisado Xeado	<b>VENRES 2</b>  Sopa Polo asado con patacas Froita
<b>LUNS 5</b>  Xudías refogadas Espaguetes Flan	<b>MARTES 6</b>  Tortilla de espinacas Peituga de polo con puré Iogur	<b>MÉRCORES 7</b>  Sopa San Xacobo con patacas Froita	<b>XOVES 8</b>  Arroz tres delicias Pescada frita Xeado	<b>VENRES 9</b>  Ensaladilla Churrasco con patacas Froita
<b>LUNS 12</b>  Croquetas con ensalada Arroz á cubana Froita	<b>MARTES 13</b>  Pizza Lentellas Iogur	<b>MÉRCORES 14</b>  Ensalada Pavo estufado Froita	<b>XOVES 15</b>  Macarróns con tomate Pescada á romana Iogur	<b>VENRES 16</b>  Crema de cabaciña Polo con fideos Froita
<b>LUNS 19</b>  Crema de verduras Caracoliño con carne Froita	<b>MARTES 20</b>  Empanadillas con ensalada Milanesa con patacas Iogur	<b>MÉRCORES 21</b>  Tortilla española Espaguetes Froita	<b>XOVES 22</b>  Entremeses Paella Xeado	<b>VENRES 23</b>  Sopa Lombo con patacas Chocolatina



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			<b>THURSDAY 1st</b>  Pasta Salad Tuna stew Ice cream	<b>FRIDAY 2nd</b>  Soup Chicken & chips Fruit
<b>MONDAY 5th</b>  Green beans Spaghetti Custard	<b>TUESDAY 6th</b>  Spinach Omelette Mashed Potato & Chicken Yoghourt	<b>WEDNESDAY 7th</b>  Soup Breaded ham & cheese & chips Fruit	<b>THURSDAY 8th</b>  Vegetable rice Fish Ice cream	<b>FRIDAY 9th</b>  Coleslaw Grilled Pork Ribs & Chips Fruit
<b>MONDAY 12th</b>  Croquettes & salad Rice & Egg & Sausages Fruit	<b>TUESDAY 13th</b>  Pizza Lentils Yoghourt	<b>WEDNESDAY 14th</b>  Salad Turkey stew Fruit	<b>THURSDAY 15th</b>  Pasta & tomato Fish Yoghourt	<b>FRIDAY 16th</b>  Pumpkin Soup Chicken Pasta Fruit
<b>MONDAY 19th</b>  Vegetable soup Pasta & meat Fruit	<b>TUESDAY 20th</b>  Pasties & salad Breaded Steak & Chips Yoghourt	<b>WEDNESDAY 21st</b>  Spanish Omelette Spaghetti Fruit	<b>THURSDAY 22nd</b>  Starters Rice & Chicken Ice cream	<b>FRIDAY 23rd</b>  Soup Pork & chips Chocolate