



Colexio Eduardo Pondal

S. Coop. Galega

Tlf. 986 303032 - Fax 986 303195



MENÚ MES FEBREIRO 2017

		MÉRCORES 1	XOVES 2	VENRES 3
		Macarróns con tomate Pescada á romana Flan	Crema de verduras Xamón asado con arroz Froita	Sopa Pavo estofado Froita
LUNS 6	MARTES 7	MÉRCORES 8	XOVES 9	VENRES 10
Croquetas con ensalada Espaguetes Froita	Crema de cabaciña San Xacobo con patacas Queixo con marmelo	Xudías refogadas Arroz á cubana Froita	Peixe frito Lentellas Iogur	Sopa Churrasco con patacas Froita
LUNS 13	MARTES 14	MÉRCORES 15	XOVES 16	VENRES 17
Sopa Milanesa con patacas Froita	Tortilla española Garavanzos Iogur	Caldo Paella Froita	Crema de verduras Bonito guisado Xeado	Sopa Polo asado con patacas Froita
LUNS 20	MARTES 21	MÉRCORES 22	XOVES 23	VENRES 24
Xudías refogadas Arroz á cubana Flan	Crema de cabaciña Polo con fideos Froita	Sopa Peituga con puré Froita	Arroz tres delicias Peixe frito Xeado	Pizza Lentellas Iogur
LUNS 27	MARTES 28	MÉRCORES 1 DE MARZO		
<i>ENTROIDO</i>	<i>ENTROIDO</i>	<i>ENTROIDO</i>		



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MENU FEBRUARY 2017

		WEDNESDAY 1st	THURSDAY 2nd	FRIDAY 3rd
		Pasta & tomato Fish Custard	Vegetable soup Ham & rice Fruit	Soup Turkey stew Fruit
MONDAY 6th	TUESDAY 7th	WEDNESDAY 8th	THURSDAY 9th	FRIDAY 10th
Croquettes & salad Spaghetti Fruit	Pumpkin Soup Breaded ham & cheese & chips Cheese & quince	Green beans Rice & Egg & Sausages Fruit	Fish Lentils Yoghourt	Soup Grilled Pork Ribs & Chips Fruit
MONDAY 13rd	TUESDAY 14th	WEDNESDAY 15th	THURSDAY 16th	FRIDAY 17th
Soup Breaded steak & chips Fruit	Spanish omelette Chickpeas Yoghourt	Vegetable Broth Rice & Chicken Fruit	Vegetable soup Tuna stew Ice cream	Soup Chicken & chips Fruit
MONDAY 20th	TUESDAY 21st	WEDNESDAY 22nd	THURSDAY 23rd	FRIDAY 24th
Green beans Rice & Egg & Sausages Custard	Pumpkin Soup Chicken pasta Fruit	Soup Mashed Potato & Chicken Fruit	Vegetable rice Fish Ice cream	Pizza Lentils Yoghourt
MONDAY 27th	TUESDAY 28th	WEDNESDAY 1st		
CARNIVAL	CARNIVAL	CARNIVAL		